

# Prioritizing those who follow: How do Transformational leadership and Servant leadership stimulate on employee outcomes? Using Selfdetermination Theory

### Farhan Mirza

KUBEAC Department, University of Management and Technology, Pakistan <u>mirzafarhan617@gmail.com</u>

#### **Sohail Younus**

Department of Business Administration, University of Punjab Jhelum Campus, Pakistan <u>sohail.younus@pujc.edu.pk</u>

### Ali Hasan

Beijing Institute of Technology, China <u>alihassan002@live.com</u>

Junaid Yousaf SED (School Education Department - Government of Punjab) junaid.yousaf@gmail.com

### Nauman Hafeez

Gift Business School, Gift University Gujranwala, Pakistan <u>naumanawan108@gmail.com</u>

### Abstract

In this modern era of business and competition, no organization can achieve its organizational goals and objectives or success without the role of leaders. Transformational and Servant leadership play an important role in enhancing employee outcomes like engagement, task performance and organizational citizenship behaviour. The current study put forward a theoretical framework and core effect of transformational and Servant leadership on different employee outcomes. We also consider the mediating role of dimensions of self-determination theory. The collection questionnaire method and a nonprobability convenient sampling technique were used for data collection. During two and half months, we distributed 540 questionnaires and received 372 questionnaires properly filled. After applying statistical tests using SPSS and Amos, we find that transformational leadership and servant leadership increase employee engagement, task performance and organizational citizenship behaviour. And for leaders, employees' psychological needs (autonomy, competence and relatedness) must be fulfilled because psychological needs (autonomy, competence and relatedness) significantly affect transformational leadership, Servant leadership and employee outcomes such as employee engagement, task performance and organizational citizenship behaviour.

**Keywords:** Transformational Leadership, Servant Leadership, Self-determination theory, Organizational Citizenship Behavior (OCB) and Employee Engagement.



### Introduction

Leaders play an important role in the success of any organization. Leaders give directions and motivate people to achieve organization goals. Leaders not try to achieve organizational goals through people but also develop people. Researchers have explored different leadership styles and theories of leadership, but it is still an exploring topic (Appelbaum, Degbe, MacDonald, & Nguyen-Quang, 2015). Transformational leadership is a leadership style where a leader works with followers to identify needed change and motivate and implement change with the help of committed followers. Transformational leadership helps to raise the morale, motivation and performance of followers. (James V. Downton; James MacGregor Burns) introduced the concept of transformational leadership, further enhanced or developed. Through their vision and personality, transformational leaders inspire or motivate their followers (Clarke, 2013). Servant leadership refers to where a leader prefers the interests of others rather than his claim. Servant leader helps to develop people. According to Robert, followers' growth and well-being are Servant leaders' primary concerns. Servant leaders consider the needs of others, help them and support them to achieve their goals and objectives. Servant leaders inspire and motivate their followers to raise their morale and involve them in decision-making to develop a sense of their worth in the organization (Choudhary, Akhtar, & Zaheer, 2013).

Self-determination theory is a theory of human motivation and development. Selfdetermination theory describes natural human trends towards their product or growth and natural tendencies to fulfilment their basic needs. Edward L. Deci and Richard M. Ryan developed the self-determination theory. Self-determination theory explains the sources of human motivation, like intrinsic and extrinsic, and their role in human reason. Selfdetermination theory explains three basic human needs (1) autonomy needs satisfaction, (2) competence needs satisfaction (3) relatedness needs satisfaction (Ryan, Huta, & Deci, 2013). Autonomy needs satisfaction explains that every human has a right to think and do freely (Bidee et al., 2013). Competence needs satisfaction describes that every human can freely develop and maintain relations with others and show his capabilities or strengths to others (Fernet, Austin, Trépanier, & Dussault, 2013). Relatedness needs satisfaction can be defined as how every human can develop close relationships with others (Chen et al., 2015). Leaders in organizations inspire or motivate people to work for the best of the organizations. Leaders encourage people to work for the organizations through intrinsic and extrinsic sources of

62



motivation (Buble, Juras, & Matić, 2014). Social exchange theory is a theory of management which describes that every person receiving anything from another person has a liability to repay (Ko & Hur, 2014). Keeping this in mind, leaders fulfil the needs (autonomy, competence and relatedness) of employees so that employees achieve the best for the organization in return.

Employee engagement can be defined as employee behaviour and attitude towards organization. Employee engagement refers to an employee's emotional attachment and enthusiasm towards his role and position in the organization. Employee engagement means that employees are fully physically and emotionally attached to work, are committed to working for the organisation, and are motivated to serve organization; a sense of Employee engagement increases the organisation's productivity. It enhances employees' productivity and performance (Menguc, Auh, Fisher, & Haddad, 2013). Task performance refers to creating goods and services or activities that support the organisation's core functions. Task performance can enhance the productivity of an organization. It is said that task performance depends upon the mood of the employees. When they have a positive attitude, they perform well and deal well with customers, which ultimately increases or enhances the organisation's productivity (Leppink, Paas, Van Gog, van Der Vleuten, & Van Merrienboer, 2014). Organization citizenship behavior refers to efforts by employees that are not part of their duties that contribute to the organisation's success. Researchers explored the five dimensions of organizational citizenship behaviour (1) Altruism, (2) Courtesy, (3) Conscientiousness, (4) Civic virtue (5) Sportsmanship. Organizational citizenship behavior can increase an individual employee's productivity and an organisation's productivity (Zhao, Peng, & Chen, 2014).

These leaders motivate followers to work for the survival and success of the organization. Servant leaders and transformational leaders help the organization increase employee outcomes. Social exchange theory explains that if a person receives anything from another, the first one has a liability to repay. By keeping the social exchange theory, leaders fulfil the needs of employees bad expect an employee to give their best for the organization. We identify the problem that if there is no transformation and servant leadership, the organization cannot succeed, as employees are not committed and motivated to work for the organization. A current study is put forward to investigate a theoretical framework focusing on the impact

63



of transformational leadership and Servant leadership on employee outcomes. We also consider the mediating role of dimensions of self-determination theory in this study.

### Questions:

- 1. Does Transformational leadership affect Employee Task Performance, Organizational Citizenship Behavior and Employee Engagement?
- 2. Does Servant leadership impact Employee Task Performance, Organizational Citizenship Behavior and Employee Engagement?
- 3. To what extent do psychological needs mediate the relationship between transformational leadership, Servant leadership and employee outcomes like Employees Task Performance, Organizational Citizenship Behavior and Employees Engagement?

### **Objectives**:

- To examine the effect of Transformational leadership on Employee Task Performance, Organizational Citizenship Behavior and Employee Engagement.
- To determine the impact of Servant leadership on Employee Task Performance, Organizational Citizenship Behavior and Employee Engagement.
- 3. To what extent do psychological needs mediate the relationship between transformational leadership, Servant leadership and employee outcomes like Employees Task Performance, Organizational Citizenship Behavior and Employees Engagement?

### Literature Review

### **Transformational leadership**

Transformational leadership refers to a leadership style where a leader inspires, motivates or encourages his subordinates or followers to work for the best of organization (Breevaart, Bakker, Demerouti, Sleebos, & Maduro, 2014; Qi, Chaudhary, Yao, Mirza, & Khalid, 2022). Transformational leadership can be defined as when a leader gives a vision and motivates the persons to achieve that vision who follow him (Bhatti et al., 2023; Moriano, Molero, Topa, & Mangin, 2014). Another definition of transformational leadership is that the leader sets



objectives or goals for the organisation and empowers followers to achieve those objectives or goals (Banks, McCauley, Gardner, & Guler, 2016). Transformational leadership style encourages followers to think and work collectively than individually. In a transformational leadership style, a leader creates an environment where followers can easily establish relationships and trust each other to achieve the vision (Nielsen, Skogstad, Matthiesen, & Einarsen, 2016).

Four dimensions of transformational leadership are discussed in transformational leadership theory. These dimensions include idealized influence, inspirational, motivational, intellectual stimulation and individualized consideration. *Idealized influence* is an element of transformational leadership where the leader acts as a role model for subordinates. *Emotional motivation* refers to an aspect of transformational leadership in which a leader arouses spirit and motivates his followers by communicating a clear and meaningful vision. *Intellectual stimulation* is another part of transformational leadership in which the leader encourages his subordinates to think of something new, something different, something creative, something innovative and something out of the box.

### Servant leadership

Servant leadership refers to a leadership style in which a leader considers or prioritises the needs and interests of followers on his own needs and interests (Parris & Peachey, 2013). Servant leadership is a leadership style in which a leader builds, develops, and flourishes subordinates (CH Chan & Mak, 2014). Servant leadership is a leadership style where a leader acts as a Servant (De Clercq, Bouckenooghe, Raja, & Matsyborska, 2014). A leader puts the needs of others ahead. Servant leaders set direction or tasks for followers and provide every possible resource to achieve them. Servant leadership focuses on building relationships with followers and knowing their skills, abilities and potential. After that, servant leaders help them achieve their potential (Yoshida, Sendjaya, Hirst, & Cooper, 2014).

Researchers identify seven dimensions which must be characteristics of a Servant leader. These dimensions include putting others first, helping others, empowering, social works, conceptual skills, ethical behaviour and emotional healing. *Putting others first* refers to a Servant leader who always puts his followers' interests and needs before his own. *Helping others* means a Servant leader helps his subordinates to achieve their potential by providing resources. *Empowering* refers to giving powers or authority to others. A Servant leader delegates powers and leads to his associates. *Social work* refers to the welfare of society. A



Servant leader also involves in helping organisation. *Conceptual skills* mean that a servant leader must be fully aware of the goals and objectives of the organization. *Ethical behaviour* means a Servant leader always acts ethically and honestly with others. At last *emotional healing* means a Servant leader cares his subordinates for their well-being (Hunter et al., 2013).

### **Theoritical Background**

### Self-determination theory

Self-determination theory is one of the famous theories of human motivation; as people are primarily concerned with motivation, leaders motivate people to achieve not only organizational goals but also their own goals and objectives. Self-determination theory is a macro theory concerned with the motivation, development of personality, social well-being and people's basic needs. Self-determination theory explains that people have a natural mindset for their personality growth and fulfilling their basic psychological needs. Self-determination theory defines intrinsic and extrinsic sources of motivation and describes how these sources play their role in motivating people. Self-determination theory explains three basic human psychological needs (1) autonomy needs satisfaction, (2) competence needs satisfaction, and (3) relatedness needs satisfaction (Ryan et al., 2013).

### 1. Autonomy needs satisfaction

Autonomy needs satisfaction is one of the dimensions of self-determination theory. Autonomy refers to the freedom to think and do. According to some researchers, desire and capacity are two parts of autonomy. Desire means the intention or will to do something, and ability means the resources necessary to perform a task (Kovjanic, Schuh, & Jonas, 2013). Autonomy can also be defined as a person should be free in their life (Tian, Chen, & Huebner, 2014). Autonomy needs satisfaction refers to being free in things and doing (Trépanier, Fernet, & Austin, 2013). Autonomy needs satisfaction is one of the silent needs that must be fulfilled for motivation. A leader must respect others' feelings, thoughts, interests, and suggestions to motivate them. A leader should also provide an environment where employees feel free. Leader should give responsibilities and authorities to employees where they can make decisions and handle situations freely in order satisfy the need of autonomy for employees (Gunnell, Crocker, Wilson, Mack, & Zumbo, 2013).



### 2. Competency needs satisfaction

Competency can be defined as successfully doing something efficiently. Competency needs satisfaction refers to one's will to take control over results (Sylvester et al., 2014). Competency needs happiness can also be defined as being free in managing relations with others and showing capabilities to others (Costa, Soenens, Gugliandolo, Cuzzocrea, & Larcan, 2015). Leaders put a lot of time and resources into deeply knowing about their followers or employees. The ultimate purpose is the development and growth of followers. Many researchers argue that leaders want to know about their followers, like their skills and goals, then develop, and help themem to achieve their goals or objectives (Goulimaris, Mavridis, Genti, & Rokka, 2014). According to some researchers, leaders prioritise the growth and development of followers to satisfy their need for competence (Kirby, Byra, Readdy, & Wallhead, 2015).

### 3. Relatedness needs satisfaction

As defined in the self-determination theory, the satisfaction of the primary psychological needs for an individual's self-sufficiency, relatedness and competence can prove the important predictor for his prime functioning in various fields of life. The research article's work –related to need satisfaction- looks vulnerable to the lack of authenticated measures (Broeck, Vansteenkiste, Witte, Soenens, & Lens, 2010). Need satisfaction is related to an employee's mental and physical well-being.

Caspersen, Powell, and Merrit (1994) Indicated that the well – being is a quality of life and is related to the distinctive internal states of an individual. It is a way through which the individual impresses both mentally and physically. The world health organization (Organization, 1997a, 1997b) surveyed that mental well-being can play a vital role in health measurement. Health incorporates "a complete physical, mental, and social wellbeing, not merely the absence of disease" (p. 1). (Deci & Ryan, 2002) assumes that the basic need theory (BNT) is related to the growth of the human psyche and the three fundamental needs for nurturance: relatedness, need satisfaction, competence and psychological autonomy. Niemiec and Ryan (2009) Elaborated that the need satisfaction for freedom includes the feelings of those individuals who are the initiator of their actions and their experience of choices, but also that one's activities should be following one's values as divergent to being controlled by the external powers and internal pressures. As



for the need for satisfaction for competence, it is achieved through effectively experiencing the desired outcomes and effects(White, 1959). According to (Baumeister & Leary, 1995), relatedness and need satisfaction relate to those feelings that one firmly associates with and is understood by others. It can raise organizational performance in a motivational and well-being way.

### **Employee engagement**

Maslach's and Khan's theories are the two rivers of research that provide representations for employee engagement. Kahn (1990) Explored the psychological situations of personal commitment and disengagement at work. He examined the three basic psychological conditions connected with an individual's engagement or disengagement at work were; availability, meaningfulness and safety. Another model of engagement is related to burnout theory, which describes work engagement as an optimistic reverse of exhaustion, perceiving that burnout comprises the destruction of engagement in one's job.

The common spontaneous intelligence of people, especially leaders inside the organization partake in working in a motivational manner (Yu, Mirza, Chaudhary, Arshad, & Wu, 2022). Employee engagement is used at different eras to denote the psychological qualities, states and behaviors with their previous circumstances and outcomes. Chiniara and Bentein (2016); Van Dierendonck, Stam, Boersma, De Windt, and Alkema (2014) It is a contour set of a multidimensional paradigm.

Law, Wong, and Mobley (1998) explored that employee engagement alters the work's worldwide nature and the working people's age. People engaged in the creation or related activities may prove a key to competitive advantage. The need is to establish the surroundings for the state of employment and greatly improve employee engagement behavior. The prettiness of employee engagement is that the company will be talented at things the competitors consider very difficult to impersonate(Chiniara & Bentein, 2016).

### **Employee task performance**

Borman and Motowidlo (1993) Proved that there is a discrepancy between contextual performance and employee task performance, and the evidence is intensifying that job performance is not limited to just task performance. Task performance contains the patterns of behavior which are directly engaged in creating goods or services or relating to those activities that can indirectly support the firm's core technical processes. Employees engage in task performance when they utilize their knowledge and technical skills to realize a task. Van



Scotter, Motowidlo, and Cross (2000) On the other hand, the contextual performance includes those behavioral patterns that provide help towards the social and psychological context in which task-related activities are performed. Employee task performance is largely based on the modes of employees. Erez and Isen (2002) Demonstrated that positive moods could enhance employee task performance. George (1991) Enlightened that those employees who remain positive relating to their attitudes can assist customers and coworkers, and it leads to a boost in sales volume and organizational performance (Shami, Rasool, Syed, Mirza, & Ali, 2021).

### Organizational citizenship behavior

At present western scholars emphasize the significance of organizational citizenship behavior. It consists of the employee's actions and behaviour not explicitly nominated in his formal job duty(Farh, Zhong, & Organ, 2004). Katz (1964) explored the importance of spontaneous behavior and a class of optional actions beyond the explicit role requirements but necessarily required for organizational effectiveness. According to the (Organ, 1988), It is an individual behavior situated not explicitly nor directly predictable by the proper reward system. Still, it aggregately stimulates the effective functioning of an enterprise. Many related concepts regarding organizational citizenship behavior have been examined, including extrarole behavior(Van Dyne, Graham, & Dienesch, 1994; Van Dyne & LePine, 1998). Moreover, Organ (1998) Graido-Gonzalez et al. (1998) investigated the five dimensions of organizational citizenship behavior.

- Altruism: being accommodating, helpful and willing.
- Courtesy: being courteous, well-mannered and escaping conflicts.
- Conscientiousness: doing extra even than the requirement and carefulness.
- Civic virtue: Displaying participation and giving prominence within the organization.
- Sportsmanship: tolerating and accommodating less than working environments.

Similarly, Graido-Gonzalez et al. (1998); Podsakoff, MacKenzie, Paine, and Bachrach (2000) mentioned that the common measures that are widely used as valid and suitable predictors of organizational citizenship behavior include; job satisfaction, trust between an employee and colleagues, motivation, perceived fairness and organizational commitment(Shahzad et al., 2013).

# **Hypothese Development**

# Transformational leadership and task performance



Past studies proved the positive relationship between transformational leadership and task performance(Breevaart et al., 2014; Lowe, Kroeck, & Sivasubramaniam, 1996). According to (Dvir, Eden, Avolio, & Shamir, 2002; Lowe et al., 1996), Apart from the relationship between performance and transactional leadership, the research explored that transformational leadership has a stronger connection with task performance. Therefore, it is necessary to assess the impression of transformational leadership with the task performance of followers in various enterprises. It is a great challenge for organizations to improve the employee's task performance to achieve goals. In the opinion of (Yukl, 1999), leadership is a crucial factor that significantly influences task performance. The followers who valued their leader as a higher transformational designated that they largely worked in a resourceful environment. Therefore, this realizes that followers are a basic need. Transformational leadership empowers followers to put their energy into the workplace and thus donates to followers' task performance is nominated by their leader. A great arrangement of research supported that transformational leadership and the task performance have significant and positive relationship with each other (Judge & Piccolo, 2004; Lowe et al., 1996).

Bass (1985) Argued that transformational leadership deliver positive feedback towards their followers, persuades followers to display extra effort and encourage them to consider creatively regarding complex problems. Transformational leaders convince their followers to think beyond their interest for the sake of collective outcomes. Podsakoff, MacKenzie, Moorman, and Fetter (1990) Indicated that when followers associate the success of their own with that of the organizations' they identify with the organizational goals and values and develop more agreeable and positive contribution towers task performance. Williams and Anderson (1991) measure task performance, which is related to the proposed use of task performance.

*H1: Transformational leadership has positively and significantly related to task performance.* 

# Transformational leadership, employee engagement and organizational citizenship behavior

The Effect of Transformational Leadership on Organizational Citizenship Behavior (OCB) and Employees' Performance (Study Case to PT. PLN (Persero) Pamekasan Area) (Podsakoff et al., 1990). The study results of (Madhu & Krishnan, 2005; Mukherjee, Yang, Hoffmann, & List, 2007; Vigoda-Gadot, 2007) indicated a significant relationship between



transformational leadership style and OCB. Lin, Li, and Hsiao (2012) Determined that transformational leadership has a positive and meaningful relationship with job satisfaction and organizational citizenship behaviour. Previous studies found a direct connection between organizational citizenship behavior and transformational leadership (Koh, Steers, & Terborg, 1995). Podsakoff, MacKenzie, and Bommer (1996) Noted that the influence of TL on OCB might have greater importance than the impact of in-role behaviors. In short transformational leadership significantly and positively relates to the five dimensions of organizational citizenship behavior, and it suggests that TL have many important impacts on organizational citizenship behavior (Podsakoff et al., 2000).

*H2: Transformational leadership has positively and significantly related to organizational citizenship behavior* 

*H3:* Transformational leadership has positively and significantly related to employee engagement

### Servant leadership and task performance

Awan, Qureshi, and Arif (2012) examined that Servant leadership can enhance the employee's task performance with the mediation role of motivation. Several studies have determined the relationship between the employees' behaviors and the traits and behaviors of leaders (Avolio, Gardner, Walumbwa, Luthans, & May, 2004). Limited studies have examined the relationship between SL and employees' task performance. The Servant leadership theory was explained by (Lee & Greenleaf, 1991). Servant leadership positively enhances the performance of employees and the whole organization; it was introduced in 1977 by Green leaf, and further (Avolio & Gardner, 2005) explained it theoretically. Explicit and empirical findings indicate a positive and significant relationship between the employee's task performance and servant leadership style (Liden, Wayne, Zhao, & Henderson, 2008). Lee and Greenleaf (1991) elaborated that there is a direct and indirect relationship between servant leadership style with the subordinates' and employees' job satisfaction, motivation, behavior, task performance, turnover intention, outcomes, positive commitment to low absenteeism, raised productivity level, and to increase the development and performance level of whole organization.

*H4:* Servant leadership has positively and significantly related to employee task performance



### Servant leadership and organizational citizenship behavior

Shahzad et al. (2013) Investigated a significant positive relationship between OCB and servant leadership style, and the trust element partly and positively mediates their link. According to (Vinger & Cilliers, 2006) leaders act and play a critical role in inspiring an employee's organizational citizenship behavior; therefore, in this way, an organization can successfully implement various strategies, achieve goals, optimize human capital and ultimately get success and competitive advantage. Moreover, (Manzoni & Barsoux, 2002) added that a strong relationship between the leader and follower would increase OCB and further drive the organization's success. Walumbwa, Hartnell, and Oke (2010) Concluded that those behaviors held by the servant leader might positively affect employees' actions and attitudes by creating a persistent social context. In addition (Shuck, Reio Jr, & Rocco, 2011) argued that highly effective empowerment, minimising inequalities and injustices, and maintaining strong values which may provide help to enhance motivation, inspiration and commitment of an employee towards job satisfaction and vision of organization; all these can affect to OCB. Smith, Organ, and Near (1983) also supported that Servant leadership positively affects OCB and employees who have bosses like servant leaders will follow the same behavior in their communication style with each other, and then accordingly would display greater level of OCB. In short several researchers point out that servant leadership may become more beneficial towards the OCB due to its influence on community growth, employee development and shared leadership (Graham, 1991).

*H5:* Servant leadership has positively and significantly related to organizational citizenship behavior.

#### Servant leadership and employee engagement

Choudhary et al. (2013) Suggested that if an organization is watching to achieve the maximum outcomes like productivity and performance from the workforce, then a good leader is essential. By keeping that sense in mind, this literature focuses on an ethical leadership style, Servant leadership, which has grown and popularity in the competitive world in recent years. Studies on Servant leadership have recommended that SL raises effective commitment and work engagement. According to (Van Dierendonck & Nuijten, 2011), Servant leadership positively expects work engagement; however (Liden et al., 2008) suggested that Servant leadership strongly predicts organizational commitment and that commitment further leads to the concentration of the workforce.



Klein (2014) Determined that persuasive mapping, like servant leadership, has a significant positive impact on the employee's innovative behaviour, followed by the employee's trust and commitment to the mediation role of employee perceived empowerment. The figure mentioned indicates that servant leadership enhances employee commitment and engagement with business work, which can further support organizational performance.

*H6:* Servant leadership has positively and significantly related to employee engagement.

# The mediating role of dimensions of self-determination theory between Servant leadership and employee outcomes

Servant leaders have capabilities or characteristics to increase employee task performance, organizational citizenship behavior and employee task performance by influencing the psychological needs of followers or employees. One of the most famous social exchange theories explains that every person receiving a reward or favour from others is liable to repay them. Based on the social exchange theory, servant leaders tend to fulfil the psychological needs (autonomy, competency, relatedness) of followers or employees on a reciprocal. Servant leaders meet the requirements of followers or employees for a mutual that employee may have a high level of task performance, organizational citizenship behavior and employee task performance. There are two types of exchange processes (a) group level and (b) organization level. At the group level, leaders fulfil the needs of particular groups and try to build trust and good relations with them. At the organizational level, leaders meet the requirements of all employees or followers to make good connections with all the people. The ultimate purpose of building good relations and trust by fulfilling the needs of employees is to have something in return, like employee engagement, task performance and organizational citizenship behavior (Chiniara & Bentein, 2016; Quine, Churchland, & Føllesdal, 2013).

Based on the above literature support, we propose the following:

*H7:* Autonomy needs satisfaction significantly mediates the relationship between Servant leadership and (a) employee task performance, (b) organizational citizenship behavior (c) employee engagement.



*H8:* Competence needs satisfaction significantly mediates the relationship between Servant leadership and (a) employee task performance (b) organizational citizenship behavior (c) employee engagement.

*H9: Relatedness needs satisfaction significantly mediates the relationship between Servant leadership and (a) employee task performance (b) organizational citizenship behavior (c) employee engagement.* 

# The mediating role of dimensions of self-determination theory between Transformational leadership and employee outcomes

Transformational leadership is a leadership style where leaders motivate and encourage subordinates or employees to achieve goals and objectives. Leaders are expected to have characteristics to increase employee task performance, organizational citizenship behavior and employee's engagement. Every employee has psychological needs (autonomy, competency, relatedness). And no doubt, every employee works for the fulfilment of their requirements. Transformational leaders encourage or motivate their employees or subordinates to work for the best of the organisation to fulfil their needs. So ultimately, the task performance, citizenship behavior and engagement of employees increase.

Researchers described that transformational leaders have less effect on employee's task performance, organizational citizenship behavior and employee engagement compared to Servant leadership (Chiniara & Bentein, 2016; Quine et al., 2013).

Based on literature support, we proposed that:

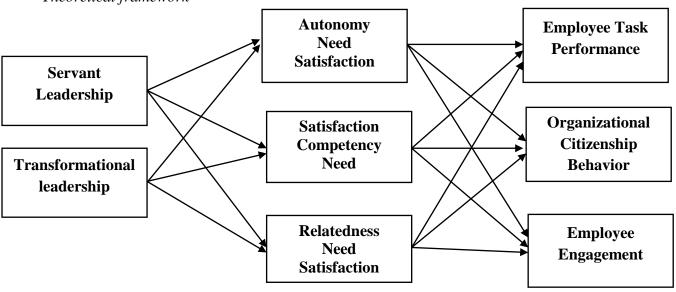
**H10:** Autonomy needs satisfaction significantly mediates the relationship between transformational leadership and (a) employee task performance (b) organizational citizenship behavior (c) employee engagement.

**H11:** Competence needs satisfaction significantly mediates the relationship between transformational leadership and (a) employee task performance (b) organizational citizenship behavior (c) employee engagement.

**H12:** Relatedness needs satisfaction significantly mediates the relationship between transformational leadership and (a) employee task performance (b) organizational citizenship behavior (c) employee engagement.



### Figure *Theoretical framework*



# **Research Methodology**

The purpose of the current study is to check the impact of Transformational leadership and Servant leadership on employee engagement behavior, organizational citizenship behavior and task performance of an employee with the mediation effect of relatedness, need satisfaction, need for competence and need for autonomy. The current study is linked to cross-sectional, descriptive and quantitative because it describes and penetrates the understudy variables and affiliations which previously chatted in the former. We use a deductive approach to acquire study's desired objects.

# **Questionnaire Design**

The method we use to explore our major variable's relationship results, such as transformational leadership, Servant leadership, employee task performance, employee engagement, organizational citizenship behavior, relatedness, need satisfaction, need for autonomy and competence, is the Questionnaire survey method. This Questionnaire comprises two major sections. The questionnaire's first section concerns the personal view of plaintiffs or respondents, including their gender, age group, employment nature, educational background level and length of their employment service. The second section of the questionnaire is designed as it compresses the under study variables of current research (Servant leadership, TFL, Employee engagement, Task performance, OCB of an employee, relatedness need satisfaction, need for competence and need for autonomy). The main purpose of this questionnaire is to check the validation of our research hypothesis.



### Sampling

We selected the permanent and contractual employees of different firms, educational institutes, insurance companies and public or private Banks regarding different age group levels and belonging to several regions of Gujranwala or not living in Gujranwala city but performing their job duty at Gujranwala city as a target population. The sample size of this study is up to 245 job people in the service sector. The sample size is selected with the help of the thumb rule of multiplying the total items of each variable under a questionnaire with 10. (Hair et al., 2010). Data collection has been done by applying a non-probability convenient sampling technique.

### Measures

As mentioned above, we build a questionnaire and collect data from the service sector to check the relationship between the current study variables. At the same time, developing the questionnaire, we took scales from previous studies.

**Transformational leadership:** Four scale items are carefully chosen to measure the sensitivity of our respondents regarding transformational leadership acting as an independent variable in this study (Choudhary et al., 2013).

**Servant leadership:** To examine the relationships between the second independent variable, Servant leadership and other dependent and mediators' study's nine items scale is used (Choudhary et al., 2013).

**Employee engagement:** The employee engagement scale, which is related to employees' outcomes and acts as the dependent variable in the current study, includes eight items taken. **Task performance:** 8 items scale of take on to gather respondents' replies regarding dependent variable task performance.

**Organizational citizenship behavior:** recommended the seven items scale that we future adopt and collect the perceptions of our target population regarding this dependent variable. **Need for autonomy:** To check the mediating effect of the need for independence between dependent and independent variables, we include seven items scale taken on from (Broeck et al., 2010).

**Need for competence:** The mediating role of the need for competence strongly correlated with the other study variables; we chose six scale items suggested by (Broeck et al., 2010). **Relatedness needs satisfaction:** Relatedness needs satisfaction is a mediating variable. The current study measures it through 10 items (Broeck et al., 2010) to check its mediation impact between TFL, Servant leadership and employee outcomes.



### **Data Collection Method**

We use the official websites and personally visit our targeted organizations and enterprises operating in Gujranwala to check the list of their employees that were our respondents for data collection. We distributed 540 questionnaires among the employees of different service-providing entities. Using the questionnaire survey method, we composed the views or reactions of our targeted respondents in 2.5 months. The additional time and days were settled with HR managers of other organizations. On redefined days, we collected the respondent's responses by distributing questionnaires. The confidence was given to employees by their HR managers, and they were praised for their participation. We counted 372 respondents' replies out of 540 circulated questionnaires, which they correctly filled.

### **Demographics**

The current study selected contractual and permanent employees of the service sector in Gujranwala as the target population. We circulated 500 questionnaires among plaintiffs, out of which they completely and correctly filled 300, and they responded with an 80% response rate. In demographics, male respondents were 85%, and females were 15%. As for age group level demographics concerns, 56% of respondents were 26-45 years old. The remaining 25%, 15% and 4% were related to the 18-25, 46-55 and 56+ age groups, respectively. Furthermore, the respondents' qualification percentages were 65%, 20%, 5%, and 10% belonged to Bachelor's degree, Master's degree, PhD, and others related to various educational levels, respectively. The percentage of permanent, contractual and others employees were 36.4%, 51.8% and 11.8%, respectively. Similarly, the respondents' length service percentages up to 2 years, 2-5 years, 5-10 and 10+ years are 14.7%, 43.35, 37.9% and 47.3%, respectively.

**Analysis & Findings** 

Table 1

	Construct	Mean	SD	α	1	2	3	4	5	6	7	8
1	Transformational	4.072	.639	.70								
2	leadership Servant leadership	3.972	.493	1 .73 4	.272*							
3	Need for autonomy	3.995	.552	.70 5	.224*	.705* *						
4	Need for competence	4.092	.558	.72 0	.349* *	.225* *	.179* *					
5	· · · ·	3.839	.568	.77 4	.214* *	.396* *	.219* *	.245* *				
6	Task performance	4.160	.491	.73 6	.028*	.312*	.327* *	.201*	.212**			
7	Organizational citizenship behavior	4.089	.610	.71 6	.382*	.243* *	.183* *	.314* *	.220**	.086*		
8	Employee Engagement	3.952	.542	.75 9	.261*	.792* *	.723* *	.184* *	.231**	.337* *	.149*	



The table below represents the descriptive statistics, reliability and correlation among all under studies variables. The mean values show the respondents' average responses, which are near to agreeableness. Results indicate that alpha values for all variables are under the acceptable range to prove data reliability. The highest correlation exists between Servant leadership and employee engagement, valued at 0.759. It is showing that Servant leadership and employee engagement are positively correlated with each other's with a moderate standard deviation. All other understudied variables are also connected with each other's.

### Table 2

Fit Indices	CFA	SEM	
Chi-square/df	2.21	2.45	
GFI	0.96	0.98	
AGFI	0.85	0.83	
CFI	0.90	0.92	
RMSEA	0.05	0.06	

### **Factor Loadings**

This above table is talk about whether vales are significant or not significance and acceptance level of values. Every single value in the table is significant and within acceptance range because results showed that all values in the table are more than 0.5

### Table 3

Constructs	Items	Factor Loadings			
Transformational leadership	4	.637,.629,.673,.614			
Servant leadership	9	.733,.736,.727,.731,.721,.732,.713,.723,.724			
Need for autonomy	7	.656,.679,.677,.684,.688,.657,.666			
Need for competence	6	.688,.678,.684,.687,.699,.697			
Need for relatedness	10	.695,.740,.675,.685,.702,.737,.714,.764,.673,.687			
Task performance	5	.674,.722,.668,.706,.671			
Organizational citizenship behavior	4	.659,.641,.648,.668			
Employee Engagement	9	.727,.769,.763,.739,.750,.718,.749,.732,.763			



The above table presented the results about fitness of current study model through dimensions of CFA and SEM. For fitness of model value of GFI must be more than 0.90, according to results of above table GFI value is more than 0.9 so model is good fitted. AGFI value is greater than 0.8 and CFI value is 0.9, because values of AGFI and CFI are meeting the criteria that is required for model fitness so model is good fitted. RMESA value also showed its value smaller than 0.1.

### **SEM Regression Analysis**

In table 4 regression estimates, standard error, critical ration and p values of each independent variables are shown. The structural model of variables is shown in figr1.

Table 4

### Structural Model Regression Weights

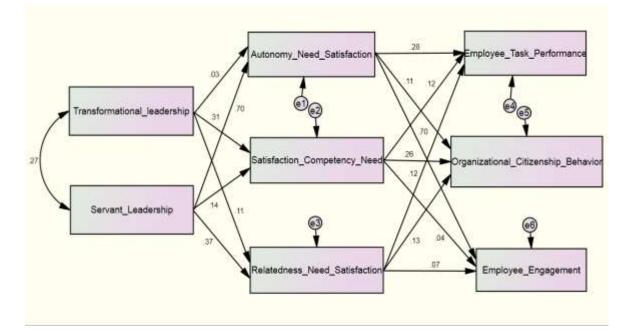
			Estimate	S.E.	C.R.	Р	Label
Employee_Task_Performance	<	Transformational_leadership	.130	.047	2.144	.032	
Organizational_Citizenship_Behavior	<	Transformational_leadership	.278	.057	4.693	***	
Employee_Engagement	<	Transformational_leadership	.048	.031	1.282	.020	
Employee_Engagement	<	Servant_Leadership	.590	.055	11.717	***	
Organizational_Citizenship_Behavior	<	Servant_Leadership	.089	.099	1.108	.041	
Employee_Task_Performance	<	Servant_Leadership	.109	.082	1.317	.031	

### **Regression Weights: (Group number 1 - Default model)**

Table 4 The above table deals with relationships of dependent and independent variables and significance level of these relationships. Results showed that transformational leadership has positive and significant relationship with employee task performance. H1, H2 and H3 supported by the results because transformational leadership positively connected with organization citizenship behavior and employee engagement at p value less than 0.5. Results described that Servant leadership positively influenced on employee engagement, organizational citizenship behavior and employee task performance (p<0.5) so H4,H5 and H6 also supported by the above table results.



# Fig1: Structural Model SEM path analysis



### Table 5

Independent	Effects	Employee	Organizational	Employee		
Variables		Task	Citizenship	Engagement		
		Performance	Behavior			
	Direct Effect	.130*	.278*	.048*		
	Indirect Effect	.068*	.064*	.001*		
Transformational	<b>Total Effect</b>	.162*	.342*	.049*		
Leadership						
	Direct Effect	.109*	.089*	.590*		
Servant leadership	Indirect Effect	.221*	.061*	.190*		
	Total Effect	.329*	.150*	.780*		

Mediating variable: Dimensions of self determination theory

Hypothesis is acceptable or not depends on direct and total effect values. Direct effect values of transformational leadership on dependents variables (employee task performance, organization citizenship behavior, employee engagement0) are .130, .278, .048 respectively and total effect values are .162, .342, .049 respectively.H10, H11 and H12 is acceptable because total effect values are higher than direct effect value. Results showed that H7, H8 and H9 are acceptable because dimensions of self-determination theory significantly mediate



the relationship between Servant leadership and employee task performance (direct value .109< total effect value .329), organization ship citizenship behavior (total effect value .150 greater than immediate effect value .089) and employee engagement (.590< .780).

### **Discussion & Recommendation**

The study stated that this paper was designed to boost our understanding of differences and similarity pathways of both transformational leadership and Servant leadership to shape employee outcomes. Leadership remains a stimulating concentration of researchers specified that leaders bear the charge for influencing their followers with the adoption of evolving organizational goals, values and attitudes. Due to changing the political and corporate world, the need is to focus on such style or form of leadership, which deals with perceived leadership effectiveness and is not self- serving or power-driven. Therefore, Servant leadership is a unique explicit form of people-centred focus that attends to followers' development, outcomes and need satisfaction TFL primarily deals with organizational goals by changing behavior of an employee by inspiring with rewards, encouragement and praise of better work. Carlson and Perrewe (1995) Mentioned that transformational leaders speak for their followers, concentrate on their higher-order intrinsic needs, and raised consciousness regarding the importance of precise outcomes and new behavioral ways results can be achieved. It is deep-rooted form the empirical studies that the relationship between Servant leadership to organizational outcomes has positive universal satisfactoriness across all cultures of globe (Brubaker, Bocarnea, Patterson, & Winston, 2015), (Geuze et al., 2012) Turkey, (Pekerti & Sendjaya, 2010) Indonesia, (Bardeh & Shamei, 2011) Iran, (Mehta & Pillay, 2011) India, (Ding, Lu, Song, & Lu, 2012) China, (Bocarnea & Dimitrova, 2010) Bulgaria. And (Chatbury, Beaty, & Kriek, 2011) South Africa.

Van Dierendonck et al. (2014) Indicated Transformational leadership functioned mainly with the perceived leadership effectiveness, and Servant leadership operated mostly through the follower need satisfaction.

Therefore, the current research article sheds light on such principal procedures through which TFL and servant leadership can impact followers and be responsible for their support. Both leadership forms can influence organizational outcomes with the practice of satisfying follower's relatedness, need satisfaction, need for competence and need for autonomy(Chiniara & Bentein, 2016; Shahzad et al., 2013). This study also exhibits how these need satisfaction processes can prove a unique predictive power because these three



need satisfaction forms to have distinctive combinable ways to produce such attitudes and behaviors that guess employee's task performance, engagement and OCB performance. A questionnaire survey method was followed for data collection purposes, and nonprobability sampling technique was used on the targeted population in Gujranwala city. Data was collected within 3 months and responses processed for final results by using SPSS and AMOS research software's. END NOTE is used for the citation and referencing of previous papers.

We sum up that, when organization's management follows transformational leadership and Servant leadership in organization, it raised the employees' task performance, organizational citizenship behavior with employee engagement and transformational leadership and Servant leadership. Need like autonomy, competency, and relatedness are important because these have an emotional impact and relationship between transformational leadership, Servant leadership, employees' task performance, organizational citizenship behavior and employee engagement.

### Limitation

This study is limited by a small sample size, specific bounded area, time constraint, absence of cultural differences of different cities and lack of all dimensions of other study variables such as (TFL, Servant leadership, employee engagement and organizational citizenship behavior), and only focusing on the service sector.

### **Practical implementation**

The current study can prove a very important indicator in the service sector. The top-level management can understand how employees' outcomes can be turned into an upward trend. In addition, it can provide a successful direction to employees on how their satisfaction level can be boosted with the help of incentives. During the survey, we analyzed that the employees in the service sector at Gujranwala city are not supported and motivated ina goodwill manner, so the managers can learn how using the strategy of leadership can shape their employees' out in the right direction. Furthermore, this study is also helpful to leaders that what kinds of engagements or styles of their leadership can better lead to realizing organizational goals and employee satisfaction.

# **Direction for further Research**

In future, this study will require more work simultaneously by using the manufacturing and service sector as a target population. The study can be expanded into specific areas like defence, hospitals etc. Because in the defense sector and hospitals, transformational

82



leadership and Servant leadership are necessary to inspire subordinates to work. Beside this,

future study can be conduct by adding more employees' outcomes direction especially job

satisfaction and mediation like organizational culture, organizational commitment and

organizational learning with same or different leadership styles as independent variables.

### Reference

- Allen, N. J., & Meyer, J. P. (1997). Commitment in the workplace: Theory, research and application. *Thousand Oaks*.
- Appelbaum, S. H., Degbe, M. C., MacDonald, O., & Nguyen-Quang, T.-S. (2015). Organizational outcomes of leadership style and resistance to change (Part One). *Industrial and Commercial Training*, 47(2), 73-80.
- Avolio, B. J., & Gardner, W. L. (2005). Authentic leadership development: Getting to the root of positive forms of leadership. *The leadership quarterly*, *16*(3), 315-338.
- Avolio, B. J., Gardner, W. L., Walumbwa, F. O., Luthans, F., & May, D. R. (2004). Unlocking the mask: A look at the process by which authentic leaders impact follower attitudes and behaviors. *The leadership quarterly*, 15(6), 801-823.
- Awan, K., Qureshi, I., & Arif, S. (2012). The Efffective Leadership Style in NGO's: Impact of Servant Leadership Style on Employees' Work Performance And Mediation Effect of Work Motivation. *International Journal of Economics and Management Sciences*, 1(11), 43-56.
- Banks, G. C., McCauley, K. D., Gardner, W. L., & Guler, C. E. (2016). A meta-analytic review of authentic and transformational leadership: A test for redundancy. *The leadership quarterly*, 27(4), 634-652.
- Bardeh, M., & Shamei, A. (2011). Comparative study of servant leadership characteristics in management texts and Imam Ali's tradition (Case study: Islamic Azad University-Najaf Abad). *Interdisciplinary Journal of Contemporary Research In Business*, 2(3), 129-142.
- Bartram, T., & Casimir, G. (2007). The relationship between leadership and follower in-role performance and satisfaction with the leader: The mediating effects of empowerment and trust in the leader. *Leadership & Organization Development Journal*, 28(1), 4-19.
- Bass, B. M. (1985). Leadership and performance beyond expectations: Collier Macmillan.
- Bass, B. M. (1999). Two decades of research and development in transformational leadership. *European journal of work and organizational psychology*, 8(1), 9-32.
- Bass, B. M., & Avolio, B. J. (1995). Multifactor leadership questionnaire: Manual leader form, rater, and scoring key for MLQ (Form 5x-Short). *Mind Garden, Redwood City, CA*.
- Bass, B. M., & Avolio, B. J. (2000). Multifactor Leadership Questionnaire: MLQ; Sampler Set; Technical Report, Leader Form, Rater Form, and Scoring Key for MLQ Form 5x-short: Mind Garden.
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: desire for interpersonal attachments as a fundamental human motivation. *Psychological bulletin*, 117(3), 497.
- Berry, L. M., Polk, D. H., Ikegami, M., Jobe, A. H., Padbury, J. F., & Ervin, M. G. (1997). Preterm newborn lamb renal and cardiovascular responses after fetal or maternal antenatal betamethasone. *American Journal of Physiology-Regulatory, Integrative* and Comparative Physiology, 272(6), R1972-R1979.
- Bhatti, A., Ur Rehman, S., Mirza, F., Nguyen, N., Samad, S., & Kamal, I. (2023). Green Intellectual Capital, Green Transformational Leadership, and Sustainable



Performance: A Moderated Mediation Model. World Journal of Science, Technology and Sustainable Development (WJSTSD), 19(2), 1-18.

- Bidee, J., Vantilborgh, T., Pepermans, R., Huybrechts, G., Willems, J., Jegers, M., & Hofmans, J. (2013). Autonomous motivation stimulates volunteers' work effort: A self-determination theory approach to volunteerism. *Voluntas: International Journal* of Voluntary and Nonprofit Organizations, 24(1), 32-47.
- Bocarnea, M. C., & Dimitrova, M. (2010). Testing servant leadership theory with bulgarian students. *International Journal of Leadership Studies*, 5(3), 255-268.
- Boehman, J. (2006). Affective, continuance, and normative commitment among student affairs professionals.
- Bono, J. E., & Anderson, M. H. (2005). The advice and influence networks of transformational leaders. *Journal of Applied Psychology*, 90(6), 1306.
- Bono, J. E., & Judge, T. A. (2003). Self-concordance at work: Toward understanding the motivational effects of transformational leaders. Academy of Management Journal, 46(5), 554-571.
- Borman, W. C., & Motowidlo, S. (1993). Expanding the criterion domain to include elements of contextual performance. *Personnel Selection in Organizations; San Francisco: Jossey-Bass*, 71.
- Brayfield, A. H., & Crockett, W. H. (1955). Employee attitudes and employee performance. *Psychological bulletin*, 52(5), 396.
- Breevaart, K., Bakker, A. B., Demerouti, E., Sleebos, D. M., & Maduro, V. (2014). Uncovering the underlying relationship between transformational leaders and followers' task performance. *Journal of Personnel Psychology*.
- Broeck, A., Vansteenkiste, M., Witte, H., Soenens, B., & Lens, W. (2010). Capturing autonomy, competence, and relatedness at work: Construction and initial validation of the Work-related Basic Need Satisfaction scale. *Journal of Occupational and Organizational Psychology*, 83(4), 981-1002.
- Brubaker, T. A., Bocarnea, M., Patterson, K., & Winston, B. E. (2015). Servant leadership and organizational citizenship in Rwanda: A moderated mediation model. *Servant Leadership: Theory and Practice*, 2(2), 27-56.
- Buble, M., Juras, A., & Matić, I. (2014). The relationship between managers' leadership styles and motivation. *Management: Journal of Contemporary Management Issues*, 19(1), 161-193.
- Burns, J. M. (1978). Leadership New York. NY: Harper and Row Publishers.
- Canipe, J. S. (2006). *Relationships among trust, organizational commitment, perceived organizational support, and turnover intentions.* Alliant International University, California School of Professional Psychology, San Diego.
- Carlson, D. S., & Perrewe, P. L. (1995). Institutionalization of organizational ethics through transformational leadership. *Journal of Business Ethics*, 14(10), 829-838.
- Caspersen, C., Powell, K., & Merrit, R. (1994). Mensurement of Health Status and Wellbeing. Physical Activity, Fitness and Health. *International Proceedings and Consensus Statement. Champaign: Illinois: Human Kinetics*, 180-203.
- CH Chan, S., & Mak, W.-m. (2014). The impact of servant leadership and subordinates' organizational tenure on trust in leader and attitudes. *Personnel Review*, 43(2), 272-287.
- Chatbury, A., Beaty, D., & Kriek, H. (2011). Servant leadership, trust and implications for the. *South African Journal of Business Management*, 42(4), 57-61.
- Chen, B., Vansteenkiste, M., Beyers, W., Boone, L., Deci, E. L., Van der Kaap-Deeder, J., . .
  Mouratidis, A. (2015). Basic psychological need satisfaction, need frustration, and need strength across four cultures. *Motivation and Emotion*, 39(2), 216-236.



- Chiniara, M., & Bentein, K. (2016). Linking servant leadership to individual performance: Differentiating the mediating role of autonomy, competence and relatedness need satisfaction. *The leadership quarterly*, 27(1), 124-141.
- Choudhary, A. I., Akhtar, S. A., & Zaheer, A. (2013). Impact of transformational and servant leadership on organizational performance: A comparative analysis. *Journal of Business Ethics*, 116(2), 433-440.
- Clarke, S. (2013). Safety leadership: A meta-analytic review of transformational and transactional leadership styles as antecedents of safety behaviours. *Journal of Occupational and Organizational Psychology*, 86(1), 22-49.
- Costa, S., Soenens, B., Gugliandolo, M. C., Cuzzocrea, F., & Larcan, R. (2015). The mediating role of experiences of need satisfaction in associations between parental psychological control and internalizing problems: A study among Italian college students. *Journal of Child and Family Studies*, 24(4), 1106-1116.
- De Clercq, D., Bouckenooghe, D., Raja, U., & Matsyborska, G. (2014). Servant leadership and work engagement: The contingency effects of leader-follower social capital. *Human Resource Development Quarterly*, 25(2), 183-212.
- Deci, E. L., & Ryan, R. M. (2002). Overview of self-determination theory: An organismic dialectical perspective. *Handbook of self-determination research*, 3-33.
- Den Hartog, D. N., Van Muijen, J. J., & Koopman, P. L. (1997). Transactional versus transformational leadership: An analysis of the MLQ. *Journal of Occupational and Organizational Psychology*, 70, 19-34.
- Ding, D., Lu, H., Song, Y., & Lu, Q. (2012). Relationship of servant leadership and employee loyalty: The mediating role of employee satisfaction. *iBusiness*, *4*(03), 208.
- Dionne, S. D., Yammarino, F. J., Atwater, L. E., & Spangler, W. D. (2004). Transformational leadership and team performance. *Journal of organizational change management*, *17*(2), 177-193.
- Dvir, T., Eden, D., Avolio, B. J., & Shamir, B. (2002). Impact of transformational leadership on follower development and performance: A field experiment. Academy of Management journal, 45(4), 735-744.
- Erez, A., & Isen, A. M. (2002). The influence of positive affect on the components of expectancy motivation. *Journal of Applied psychology*, 87(6), 1055.
- Farh, J.-L., Zhong, C.-B., & Organ, D. W. (2004). Organizational citizenship behavior in the People's Republic of China. *Organization Science*, *15*(2), 241-253.
- Fernet, C., Austin, S., Trépanier, S.-G., & Dussault, M. (2013). How do job characteristics contribute to burnout? Exploring the distinct mediating roles of perceived autonomy, competence, and relatedness. *European Journal of Work and Organizational Psychology*, 22(2), 123-137.
- Fisher, C., Locke, E., Cranny, C., Smith, P., & Stone, E. (1992). Job satisfaction: How people feel about their jobs and how it affects their performance.
- García-Morales, V. J., Lloréns-Montes, F. J., & Verdú-Jover, A. J. (2008). The Effects of transformational leadership on organizational performance through knowledge and innovation\*. *British journal of management*, 19(4), 299-319.
- George, J. M. (1991). State or trait: Effects of positive mood on prosocial behaviors at work. *Journal of Applied psychology*, 76(2), 299.
- Geuze, R. E., Theyse, L. F., Kempen, D. H., Hazewinkel, H. A., Kraak, H. Y., Öner, F. C., . . Alblas, J. (2012). A differential effect of bone morphogenetic protein-2 and vascular endothelial growth factor release timing on osteogenesis at ectopic and orthotopic sites in a large-animal model. *Tissue Engineering Part A*, 18(19-20), 2052-2062.



Gill, A. S., Flaschner, A. B., & Shachar, M. (2006). Mitigating stress and burnout by implementing transformational-leadership. *International Journal of contemporary hospitality management*, 18(6), 469-481.

Glimmer, B. (1966). Industrial psychology. Mc Graw Hills Book Co., New York.

Goulimaris, D., Mavridis, G., Genti, M., & Rokka, S. (2014). Relationships between basic psychological needs and psychological well-being in recreational dance activities. *Journal of Physical Education and Sport*, 14(2), 277.

Graham, J. W. (1991). Servant-leadership in organizations: Inspirational and moral. *The leadership quarterly*, 2(2), 105-119.

- Graido-Gonzalez, E., Doherty, J. C., Bergreen, E. W., Organ, G., Telfer, M., & McMillen, M. A. (1998). Plasma endothelin-1, cytokine, and prostaglandin E2levels in sickle cell disease and acute vaso-occlusive sickle crisis. *Blood*, 92(7), 2551-2555.
- Greenberg, J. (2005). Managing behavior in organizations: Prentice Hall.
- Gunnell, K. E., Crocker, P. R., Wilson, P. M., Mack, D. E., & Zumbo, B. D. (2013). Psychological need satisfaction and thwarting: A test of basic psychological needs theory in physical activity contexts. *Psychology of Sport and Exercise*, 14(5), 599-607.
- Howell, J. M., & Avolio, B. J. (1993). Transformational leadership, transactional leadership, locus of control, and support for innovation: Key predictors of consolidated-businessunit performance. *Journal of Applied Psychology*, 78(6), 891.
- Humphreys, J. H. (2002). Transformational leader behavior, proximity and successful services marketing. *Journal of Services Marketing*, 16(6), 487-502.
- Hunt, S. D., & Morgan, R. M. (1994). Organizational commitment: one of many commitments or key mediating construct? *Academy of Management Journal*, *37*(6), 1568-1587.
- Hunter, E. M., Neubert, M. J., Perry, S. J., Witt, L., Penney, L. M., & Weinberger, E. (2013). Servant leaders inspire servant followers: Antecedents and outcomes for employees and the organization. *The leadership quarterly*, 24(2), 316-331.
- Ismail, A., Halim, F. A., Abdullah, D. N. M. A., Shminan, A. S., Muda, A. L. A., Samsudin, S., & Girardi, A. (2009). The mediating effect of empowerment in the relationship between transformational leadership and service quality. *International Journal of Business and Management*, 4(4), p3.
- Ismail, A., Mohamad, M. H., Mohamed, H. A.-B., Saludin, M. N., Abdullah, M., & Yusuf, M. H. (2010). A Study of the Relationship between Transformational Leadership, Empowerment and Organizational Commitment. *American Journal of Economics and Business Administration (AJEBA)*.
- Judge, T. A., & Piccolo, R. F. (2004). Transformational and transactional leadership: a metaanalytic test of their relative validity. *Journal of Applied psychology*, 89(5), 755.
- Kahn, W. A. (1990). Psychological conditions of personal engagement and disengagement at work. *Academy of Management journal*, *33*(4), 692-724.
- Kark, R., & Shamir, B. (2002). The dual effect of transformational leadership: Priming relational and collective selves and further effects on followers. *Transformational and charismatic leadership: The road ahead*, 2, 67-91.
- Karrasch, A. I. (2003). Antecedents and Consequences of Organizational Commitment. *Military psychology*, 15(3), 225.
- Katz, D. (1964). The motivational basis of organizational behavior. Systems Research and Behavioral Science, 9(2), 131-146.
- Kirby, S., Byra, M., Readdy, T., & Wallhead, T. (2015). Effects of spectrum teaching styles on college students' psychological needs satisfaction and self-determined motivation. *European Physical Education Review*, 21(4), 521-540.



- Klein, N. D. (2014). *The relationship between servant leadership and employee engagement: The mediating roles of trust and fit.* Creighton University.
- Ko, J., & Hur, S. (2014). The impacts of employee benefits, procedural justice, and managerial trustworthiness on work attitudes: Integrated understanding based on social exchange theory. *Public Administration Review*, 74(2), 176-187.
- Koh, W. L., Steers, R. M., & Terborg, J. R. (1995). The effects of transformational leadership on teacher attitudes and student performance in Singapore. *Journal of organizational behavior*, 16(4), 319-333.
- Kovjanic, S., Schuh, S. C., & Jonas, K. (2013). Transformational leadership and performance: An experimental investigation of the mediating effects of basic needs satisfaction and work engagement. *Journal of Occupational and Organizational Psychology*, 86(4), 543-555.
- Law, K. S., Wong, C.-S., & Mobley, W. M. (1998). Toward a taxonomy of multidimensional constructs. *Academy of management review*, 23(4), 741-755.
- Lee, J. M., & Greenleaf, A. L. (1991). CTD kinase large subunit is encoded by CTK1, a gene required for normal growth of Saccharomyces cerevisiae. *Gene expression*, 1(2), 149-167.
- Leppink, J., Paas, F., Van Gog, T., van Der Vleuten, C. P., & Van Merrienboer, J. J. (2014). Effects of pairs of problems and examples on task performance and different types of cognitive load. *Learning and Instruction*, 30, 32-42.
- Liden, R. C., Wayne, S. J., Zhao, H., & Henderson, D. (2008). Servant leadership: Development of a multidimensional measure and multi-level assessment. *The leadership quarterly*, 19(2), 161-177.
- Lin, R., Li, H.-H., & Hsiao, J.-K. (2012). What are the relationships between transformational leadership and organizational citizenship behavior?—An empirical study. Paper presented at the International Conference on Economics, Business Innovation–ICEBI.
- Lowe, K. B., Kroeck, K. G., & Sivasubramaniam, N. (1996). Effectiveness correlates of transformational and transactional leadership: A meta-analytic review of the MLQ literature. *The leadership quarterly*, 7(3), 385-425.
- MacKenzie, S. B., Podsakoff, P. M., & Rich, G. A. (2001). Transformational and transactional leadership and salesperson performance. *Journal of the academy of Marketing Science*, 29(2), 115-134.
- Madhu, B., & Krishnan, V. R. (2005). Impact of transformational leadership and Karma Yoga on organizational citizenship behaviour. *Prestige Journal of management and research*, 9(1), 1-20.
- Manzoni, J.-F., & Barsoux, J.-L. (2002). *The set-up-to-fail syndrome: How good managers cause great people to fail*: Harvard Business Press.
- McLeod, B. D., Wood, J. J., & Weisz, J. R. (2007). Examining the association between parenting and childhood anxiety: A meta-analysis. *Clinical psychology review*, 27(2), 155-172.
- Mehta, S., & Pillay, R. (2011). Revisiting servant leadership: An empirical study in Indian context. *Journal of Contemporary Management Research*, 5(2), 24.
- Menguc, B., Auh, S., Fisher, M., & Haddad, A. (2013). To be engaged or not to be engaged: The antecedents and consequences of service employee engagement. *Journal of business research*, 66(11), 2163-2170.
- Meyer, J. P., Allen, N. J., & Gellatly, I. R. (1990). Affective and continuance commitment to the organization: Evaluation of measures and analysis of concurrent and time-lagged relations. *Journal of Applied Psychology*, 75(6), 710.



- Moriano, J. A., Molero, F., Topa, G., & Mangin, J.-P. L. (2014). The influence of transformational leadership and organizational identification on intrapreneurship. *International Entrepreneurship and Management Journal*, 10(1), 103-119.
- Mowday, R. T., Porter, L. W., & Steers, R. (1982). Organizational linkages: The psychology of commitment, absenteeism, and turnover: San Diego, CA: Academic Press.
- Mukherjee, S., Yang, J. W., Hoffmann, S., & List, B. (2007). Asymmetric enamine catalysis. *Chemical Reviews*, 107(12), 5471-5569.
- Nielsen, M. B., Skogstad, A., Matthiesen, S. B., & Einarsen, S. (2016). The importance of a multidimensional and temporal design in research on leadership and workplace safety. *The leadership quarterly*, 27(1), 142-155.
- Niemiec, C. P., & Ryan, R. M. (2009). Autonomy, competence, and relatedness in the classroom: Applying self-determination theory to educational practice. *School Field*, 7(2), 133-144.
- Organ, D. W. (1988). Organizational citizenship behavior: The good soldier syndrome: Lexington Books/DC Heath and Com.
- Organization, W. H. (1997a). Measuring quality of life: The World Health Organization quality of life instruments (the WHOQOL-100 and the WHOQOL-BREF). Switzer land: WHOQOL Group, Division of Mental Health and Prevention of Substance Abuse.
- Organization, W. H. (1997b). WHOQOL: Measuring quality of life World health organization: Division of mental health and prevention of substance abuse. *Geneva: WHO*.
- Parris, D. L., & Peachey, J. W. (2013). A systematic literature review of servant leadership theory in organizational contexts. *Journal of Business Ethics*, 113(3), 377-393.
- Pekerti, A., & Sendjaya, S. (2010). Exploring servant leadership across cultures: Comparative study in Australia and Indonesia. *The International Journal of Human Resource Management*, 21(5), 754-780.
- Pillai, R., Schriesheim, C. A., & Williams, E. S. (1999). Fairness perceptions and trust as mediators for transformational and transactional leadership: A two-sample study. *Journal of Management*, 25(6), 897-933.
- Podsakoff, P. M., MacKenzie, S. B., & Bommer, W. H. (1996). Transformational leader behaviors and substitutes for leadership as determinants of employee satisfaction, commitment, trust, and organizational citize. *Journal of management*, 22(2), 259-298.
- Podsakoff, P. M., MacKenzie, S. B., Moorman, R. H., & Fetter, R. (1990). Transformational leader behaviors and their effects on followers' trust in leader, satisfaction, and organizational citizenship behaviors. *The leadership quarterly*, 1(2), 107-142.
- Podsakoff, P. M., MacKenzie, S. B., Paine, J. B., & Bachrach, D. G. (2000). Organizational citizenship behaviors: A critical review of the theoretical and empirical literature and suggestions for future research. *Journal of management*, 26(3), 513-563.
- Porter, L. W., Steers, R. M., Mowday, R. T., & Boulian, P. V. (1974). Organizational commitment, job satisfaction, and turnover among psychiatric technicians. *Journal of Applied Psychology*, 59(5), 603.
- Qi, L., Chaudhary, N. I., Yao, K., Mirza, F., & Khalid, R. (2022). The moderating role of transformational leadership on the relationship between deviant workplace behaviors and employee turnover intentions in China. *Frontiers in Psychology*, 13.
- Quine, W. V. O., Churchland, P. S., & Føllesdal, D. (2013). Word and object: MIT press.
- Robbins, P., & Coulter, M. (2003). Updates Management 2003: New Jersey, Prentice Hall.
- Rowold, J. (2008). Effects of transactional and transformational leadership of pastors. *Pastoral psychology*, 56(4), 403-411.



- Ryan, R. M., Huta, V., & Deci, E. L. (2013). Living well: A self-determination theory perspective on eudaimonia *The exploration of happiness* (pp. 117-139): Springer.
- Shahzad, A., Rizvi, R. A., Waheed, A., Khan, I., Usman, S. M., Nazier, N., ... Kiyani, T. M. (2013). Linking servant leadership with organizational citizenship behavior through trust: an embryonic structural modeling approach. *European Journal of Social Science*, 39(2), 273-284.
- Shami, G. M., Rasool, Y., Syed, N., Mirza, F., & Ali, M. (2021). Mediating Role of Organization Culture Between Knowledge Management Practices and Employee Performance. *Multicultural Education*, 7(8).
- Shuck, B., Reio Jr, T. G., & Rocco, T. S. (2011). Employee engagement: An examination of antecedent and outcome variables. *Human resource development international*, 14(4), 427-445.
- Smith, C., Organ, D. W., & Near, J. P. (1983). Organizational citizenship behavior: Its nature and antecedents. *Journal of Applied psychology*, 68(4), 653.
- Spector, P. E. (1997). Job satisfaction: Application, assessment, causes, and consequences (Vol. 3): Sage.
- Sylvester, B. D., Standage, M., Dowd, A. J., Martin, L. J., Sweet, S. N., & Beauchamp, M. R. (2014). Perceived variety, psychological needs satisfaction and exercise-related wellbeing. *Psychology & health*, 29(9), 1044-1061.
- Tian, L., Chen, H., & Huebner, E. S. (2014). The longitudinal relationships between basic psychological needs satisfaction at school and school-related subjective well-being in adolescents. *Social Indicators Research*, 119(1), 353-372.
- Trépanier, S.-G., Fernet, C., & Austin, S. (2013). Workplace bullying and psychological health at work: The mediating role of satisfaction of needs for autonomy, competence and relatedness. *Work & Stress*, 27(2), 123-140.
- Turner, B. A., & Chelladurai, P. (2005). Organizational and occupational commitment, intention to leave, and perceived performance of intercollegiate coaches. *Journal of Sport Management*, 19(2), 193-211.
- Twigg, N. W., Fuller, J. B., & Hester, K. (2008). Transformational leadership in labor organizations: The effects on union citizenship behaviors. *Journal of Labor Research*, 29(1), 27-41.
- Van Dierendonck, D., & Nuijten, I. (2011). The servant leadership survey: Development and validation of a multidimensional measure. *Journal of business and psychology*, 26(3), 249-267.
- Van Dierendonck, D., Stam, D., Boersma, P., De Windt, N., & Alkema, J. (2014). Same difference? Exploring the differential mechanisms linking servant leadership and transformational leadership to follower outcomes. *The leadership quarterly*, 25(3), 544-562.
- Van Dyne, L., Graham, J. W., & Dienesch, R. M. (1994). Organizational citizenship behavior: Construct redefinition, measurement, and validation. Academy of Management journal, 37(4), 765-802.
- Van Dyne, L., & LePine, J. A. (1998). Helping and voice extra-role behaviors: Evidence of construct and predictive validity. *Academy of Management journal*, 41(1), 108-119.
- van Riel, A. C., Schepers, J., Wetzels, M., & de Ruyter, K. (2005). Leadership styles in technology acceptance: do followers practice what leaders preach? *Managing Service Quality: An International Journal*, *15*(6), 496-508.
- Van Scotter, J., Motowidlo, S. J., & Cross, T. C. (2000). Effects of task performance and contextual performance on systemic rewards. *Journal of Applied psychology*, 85(4), 526.



- Vigoda-Gadot, E. (2007). Leadership style, organizational politics, and employees' performance: An empirical examination of two competing models. *Personnel Review*, *36*(5), 661-683.
- Vinger, G., & Cilliers, F. (2006). Effective transformational leadership behaviours for managing change. SA Journal of Human Resource Management, 4(2), 1-9.
- Walumbwa, F. O., Hartnell, C. A., & Oke, A. (2010). Servant leadership, procedural justice climate, service climate, employee attitudes, and organizational citizenship behavior: a cross-level investigation. *Journal of Applied psychology*, 95(3), 517.
- Wanous, J. P., & Lawler, E. E. (1972). Measurement and meaning of job satisfaction. *Journal* of Applied Psychology, 56(2), 95.
- White, R. W. (1959). Motivation reconsidered: The concept of competence. *Psychological review*, 66(5), 297.
- Wiener, Y. (1982). Commitment in organizations: A normative view. Academy of management review, 7(3), 418-428.
- Williams, L. J., & Anderson, S. E. (1991). Job satisfaction and organizational commitment as predictors of organizational citizenship and in-role behaviors. *Journal of management*, 17(3), 601-617.
- Yoshida, D. T., Sendjaya, S., Hirst, G., & Cooper, B. (2014). Does servant leadership foster creativity and innovation? A multi-level mediation study of identification and prototypicality. *Journal of business research*, 67(7), 1395-1404.
- Yu, F., Mirza, F., Chaudhary, N. I., Arshad, R., & Wu, Y. (2022). Impact of Perceived Skillset and Organizational Traits on Digital Wellbeing of Teachers: Mediating Role of Resilience. *Frontiers in Psychology*, 13, 923386.
- Yukl, G. (1999). An evaluation of conceptual weaknesses in transformational and charismatic leadership theories. *The leadership quarterly*, *10*(2), 285-305.
- Zhao, H., Peng, Z., & Chen, H.-K. (2014). Compulsory citizenship behavior and organizational citizenship behavior: The role of organizational identification and perceived interactional justice. *The Journal of psychology*, *148*(2), 177-196.